

CRETE

“EU ZEEEN” (well-being)
is the essence of life
with quality and plenitude.



ZEEN

THE SPA ORIGIN

We invite you
to breathe,
experience life
and capture
the unique principles
of greek nature.



OLIVE
ERA™

BORN MAJESTY®



*The durations mentioned in this catalogue include
the installation in the cabin, time for the treatment
and a shower if scheduled in the program.*

FACE EXPERIENCE BY OLIVE ERA™

Each of our facials is a technical relaxing experience that brings out the beauty in everyone. A complete facial treatment combined with massage techniques will relax the features of the face and the body.

SCULPTING FACIAL MASSAGE WITH GUA SHA / 30mn - €70

Gua Sha is an ancient beauty treatment that achieves circulatory decongestion and removal of toxins. Using Gua Sha smoothes wrinkles, reduces bags under the eyes, tones and lifts the face and relaxes the whole body. The result is a lifting of the face, relieving stress and improving the quality of sleep. The Gua Sha tool is applied with upward movements on the face, neck and décolleté, removing toxins, promoting good circulation and toning the tissues.

RADIANCE RENEWAL TREATMENT / 55mn - €90

A facial treatment that is directed to skins in need of deep cleansing. Thanks to the cleansing and antioxidant effects that green clay has to offer, the skin is cleaned of black heads and other impurities. The therapy is completed with a rich moisturizing mask. Suitable for all skin types.

MELISSEAS MOISTURISING FACIAL TREATMENT / 55mn - €90

Inspired by an ancient Cretan tradition of Melliseas, king of Crete, the father of Amaltheia and Melissa who feed Zeus. The perfect therapy for skin that is in need of an ultra-moisturizing treatment. Thanks to the properties of the honey the skin takes all the precious ingredients. The secret of this therapy is hidden in the abilities that honey and olive oil can only offer for a skin completely revitalized. **For men and women.**

FACE EXPERIENCE BY OLIVE ERA™

SUN REPAIR FACIAL TREATMENT / 30mn - €65

Therapy that erases sun damage. Overexposure to the sun reduces the levels of moisture. This therapy repairs and moisturizes damaged skin giving it elasticity and restores moisture.

DETOX FACIAL TREATMENT / 55mn - €90

Treatment with black cleansing mask that tightens pores, gives matt appearance and provides high antimicrobial and anti-inflammatory action. In addition to that, it is rich in active ingredients that reduce the expression fine lines and wrinkles, which meanwhile is imparting radiance to the skin.

ANTI-WRINKLE TREATMENT / 50mn - €90

An especially effective treatment that fights against the first signs of aging and prevents the formation of wrinkles. Fine lines are smoothed out and the skin is rejuvenated and brighter.

SUPREME LIFT for face and neckline / 80mn - €155

A facial treatment that erases signs of aging and gives necessary nutrients to the skin. Thanks to the specialized Caviar Elixir Mask by Olive Era, the skin cells are renewal and the skin is rejuvenated. Visible firming and glow are the results of this treatment.

BODY SCRUB

SUGAR SCRUB / 30mn - €60

A unique peeling experience with white sugar and vanilla eliminates dead cells, nourishes, moisturizes and softens the skin. Activates cells renewal and gives shine to the skin.

SOOTH BODY SCRUB WITH APRICOT KERNEL OIL / 30mn - €60

Revival of an ancient Greek tradition for body care at the end of sports. Thanks to the apricot kernels and chamomile essential oils, the skin becomes softer, deeply moisturized, ideal even for the most sensitive skins.

It is recommended before and after sun exposition as it acts against premature aging of the skin.

SIGNATURE TREATMENTS



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SIGNATURE TREATMENTS

“LOUTRO”

ANCIENT GREEK BATH EXPERIENCE / 1h 30mn - €175

After the established time that the ancient Greeks spent in gymnasium, they washed, bathed and they were applying on their bodies olive oil so that their bodies remained young and vigorous. At the end of the process drinking fresh drinks was common. A beauty routine aimed at the purity of body and spirit.

Foot bath + Body massage / 1h + Head massage / 30mn

“NYMPHES”

ANCIENT GREEK EXPERIENCE / 1h 30mn - €180

Greek mythology wants the Nymphs to be demigoddess, very beautiful young women, daughters of Zeus who were feeding on ambrosia. They always accompanied the water, thus stressing its great importance for life.

Indulge yourself in a primordial experience that will introduce you to the world of the Nymphs, give you deep relaxation and detox from the top to toe.

*Foot bath with foot massage / 10m + Body massage / 1hr
+ Head massage & face mask / 20mn*

MASSAGE EXPERIENCE
& BODY TREATMENTS



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BODY MASSAGE EXPERIENCE

OLIVE ERA™ RELAXING MASSAGE / 55mn - €100

The Olive Era Relaxing Massage is a very soothing and unifying massage thanks to slow and deep gestures. Furthermore, the application of nourishing body oil which is rich in essential oils of lavender and juniper helps to hydrate and regenerate the skin.

The treatment ends with an aspersion of floral beauty water, which gives you an unforgettable sensory journey to the heart of the Greek civilization.

The ideal massage for pregnant

OLIVE ERA™ REVITALISING MASSAGE 55mn - €115 / 85mn - €175

The massage follows the technique of a tonic and muscular massage alternating quick and slow movements for restore energy and vitality. It is performed using a traditional blend of hot olive oil and essential oils with multiple and varied gestures to boost the metabolism and vital functions of the body while targeting fatigue both physical and mental. The Olive Era Revitalizing Massage tonifies the body and soothes stress to restore energy and vitality.

OLIVE ERA™ REVITALISING BACK & SCALP MASSAGE / 30mn - €70

The massage follows the technique of a tonic and muscular massage alternating quick and slow movements for restore energy and vitality on target areas as back and scalp. The ideal treatment to regain energy in only 30mn.

BODY MASSAGE EXPERIENCE

OLIVE ERA™ FOOT MASSAGE / 30mn - €70

A massage that relieves tired and swollen legs. Combined with green tea, this therapy gives full relaxation.

ZEEN MASSAGE / 55mn - €115

The treatment stimulates the key points of the body's vital energy combining relaxation and effectiveness. The massage follows slow gestures and gentle stretching in order to regain a deep feeling of wellbeing and Zen sensation. The body feels supple again and movements are performed with a hot towel under the nape of the neck, liberating the tensions at the top of the back.

GREEK GODS HARMONY / 55mn - €110

A precious gift inspired by ancient Greece. Immerse yourself in a feeling of bliss and balance with this powerful aromatherapy. A unique wellness experience that takes you on a journey towards relaxation and harmony between body and spirit. The ritual that begins with the selection of your favorite flavor with herbal elixirs from the Greek land. It gives absolute wellness and relaxation.

FROM SOLE TO SOUL TREATMENT / 55mn - €100

An ancient Greek traditional foot therapy used by the ancient Greeks in their everyday life in baths for relaxation and wellness. It begins with a traditional foot bath with salt flower and lemon pieces and continues with foot exfoliation. We complete the treatment with a special reflexology foot massage using cream with Greek organic olive oil, and mountain tea which soothes, relaxes and smoothes tired legs as it improves blood circulation and lymphatic function.

BODY MASSAGE EXPERIENCE

FACIAL & HEAD MASSAGE / 30mn - €70

The therapist will apply special hand massages to your face, neck and shoulders, while special emphasis will be placed on the scalp, temples and the area between the eyes. The benefits of head massage are:

- Helps in the gradual elimination of migraines
- Feeling of absolute well-being and rejuvenation
- Energy unblocking
- Eliminates intense psychosomatic stress
- Helps in prevention to maintain good health

OLIVE ERA™ EXPERIENCE FOR TWO / 55mn - €210

Enjoy one of the best spa experiences, massage for couples. Close your eyes and share this relaxing moment with your best friend or other half.

The therapist will advise the mixture of essential oils that best suits your mood and will apply the appropriate pressure.

SPECIAL HONEYMOONER PACKAGE FOR TWO / 2h - €390

WELCOME DRINK

FOOT WASH

COOL FACE TOWEL

SUGAR SCRUB - 30mn

OLIVE ERA™ EXPERIENCE FOR TWO - 1h

SHINE FACIAL TREATMENT - 30mn

BODY TREATMENTS

SLIMMING MASSAGE / 30mn - €70

An anti-cellulite massage with a magic product that targets problem areas. The aim is to erase the orange-peel aspect of the skin and maintain the results of the slimming program.

BEFORE SUN RITUAL FACIAL-BODY SCRUB MASSAGE / 85mn - €155

The absolute combination. An express moisturizing facial treatment for moisturizing and rejuvenating in combination with body peeling which renews the skin and prepares it for the massage therapy that follows. It gives complete relaxation and hydration.

AFTER SUN REPAIR FACIAL-BODY TREATMENT / 55mn - €100

The ideal treatment that erases sun damage. Overexposure to the sun reduces the level of moisture. This therapy repairs and moisturizes damaged skin giving it elasticity and restores moisture.

OLIVE ERA™ KIDS



OLIVE
ERA™

ZEEN

OLIVE ERA™ KIDS

Offer your kids the healthful benefits of spa treatments with these therapies specially designed just for them! A parent or guardian must accompany children for the duration of their visit. Children over the **age of 6** are welcome in the spa but must be accompanied by a parent or guardian for the duration of their visit. Since Zeen Spa is committed to providing a safe environment for everyone, minors **(16 and under)** who receive closed door treatments must have a parent or guardian in the room for the duration of the service.

MOTHER & DAUGHTER OLIVE ERA™ EXPERIENCE / 55mn - €170

A special day with mommy!
Side by-side massage, pampering face treatment.

FATHER & SON OLIVE ERA™ EXPERIENCE / 55mn - €170

The perfect place to spend some precious relaxation and bonding time together by enjoying the perfect massage. Your relaxing journey conclude with a foot treatment.

OLIVE ERA™ KID'S MASSAGE / 25mn - €45 / 55mn - €80

A perfect introduction to massage
for little princess or little hero.

BORN MAJESTY®
SKIN CARE



BORN MAJESTY®

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BORN MAJESTY® SKIN CARE

What could be better than getting your teen started on a healthy skin care regimen? Our licensed skin care technicians will help shimmer your way to a clear, fresh complexion. Upon conclusion a complete customized at-home skincare regiment will be given as clean skin is key component in promoting a clear complexion.

MY FIRST MAJESTY FACIAL / 25mn - €65

It aims to introduce good habits and in still skincare knowledge that will benefit for years to come and teens who attend the spa will be given a follow-up leaflet to help them extend the treatment benefits when they get home.

PAMPER ME MAJESTY / 50mn - €95

Customized facial for teen's specific skin care needs. Our teen facial is designed to be a soothing treatment that improves and refines the unbalanced teen complexion. This treatment treats excess oil, clogged pores, acne, inflammation, and sensitivity. Allow our skincare professionals to educate your teen on how to properly care for their skin and start them on a life-long path of healthy skincare.

BORN MAJESTY® BODY CARE

Stress is a major concern for many teens with the demands of school, sports, relationships, and community involvement. It is important to teach our teens to make an effort to live a balanced lifestyle and take time to rejuvenate and distress.

BORN TO BE BODY MAJESTY TREATMENT / 50mn - €110

A relaxing 50 minute service that begins with a gentle exfoliation, followed by a luxury hydrating body wrap to nourish your skin with a smooth body butter to complete the experience.

RELAXATION IS THE WAY TO GO / 50mn - €100

An approximate 50 minute relaxing-style massage that relieves tension and soothes tired, growing muscles.

TO BEAT EXAM STRESS / 25mn - €65

Customized massage therapy for teens specific needs. This is a massage designed to optimize stress relief, neck/shoulder/back pain, joint discomfort and energy flow. The massage treatment addresses problem areas. The massage can harmonize and balance the energy flow throughout the body.

OTHER SERVICES

HAIR

Evening Hair Style	€55,00
Highlights Long Hair	€70,00
Highlights Short Hair	€55,00
Men's Hair Cut	€30,00
Wash & Conditioner	€10,00
Women's Haircut	€35,00
Blow Dry & Style-Long Hair	€40,00
Blow Dry & Style-Mid Hair	€35,00
Blow Dry & Style-Short Hair	€30,00
Bridal Hair Style	€140,00
Children's Haircut	€25,00
Coloring Full Head-Long Hair	€60,00
Coloring Full Head-Short Hair	€50,00
Coloring Roots	€50,00

MANICURE & PEDICURE

M&P Spa Manicure	€45,00
M&P Spa Pedicure	€50,00

SHELLACK (SEMIPERMANENT)

Shellack French Manicure	€50,00
Shellack French Pedicure	€50,00
Shellack Manicure	€45,00
Shellack Nail Polish	€30,00
French Manicure Style	€35,00
Shellack Pedicure	€50,00
Shellack Removal (fingernails or toenails)	€20,00
Shellack Spa Manicure	€50,00
Shellack Spa Pedicure	€55,00

WAXING

Upper Lip & Chin	€18,00
Chest Or Back Waxing	€35,00
Eye Brow	€18,00
Full Arm	€30,00
Full Bikini	€40,00
Full Legs	€45,00
Half Arm	€25,00
Half Bikini (Bikini Line)	€18,00
Half Legs	€30,00
Under Arm	€18,00



Z E E N

THE SPA ORIGIN



member of the ZEEN GROUP of resort spas
ATHENS | CRETE | RHODES

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