

MY | **SPA**
UNIQUE EXPERIENCE





Welcome to My Spa

From the sea to the skin

My Spa at Mitsis Selection Aila & Phytomer Wellness Spa & Phytomer invite you to a magical escape to the attractive world of beauty, wellness and serenity. Treat yourself and your loved ones at an unforgettable experience of senses and an incomparable beauty effect with the signature of the International French Cosmetology Research Center 'Phytomer' company 'Phytomer'.

Our qualified therapists will guide you through our 'Spa Menu' to find the most suitable treatment for you. The beauty boutique of 'My Spa' by Phytomer and our beauty advisors are always at your service to inform you which products are best for your own needs. Because we insist on making our world more beautiful!

Alila Spa Signature Experience

120'/150€

A sensory holistic treatment that nurtures both face and body. A perfect harmonization of light strokes, pressures, a deep tissue massage and a more relaxing and soothing massage that gradually awakens every part of the body, releasing all tension.

Exfoliation with a creamy texture, with the vivid blue of the Aegean, smoothes and rejuvenates your skin. Massage with an effective two-phase concentrate inspired by the purity of the power of the sea with a fresh and delicate scent, soothes, nourishes and tones your skin during the massage.

The beauty cruise on the Aegean Sea completes with a rejuvenating face treatment and offers you the freshness, glow and shimmer of the Greek islands.



Born Majesty Skin Care

What could be better than getting your teen started on a healthy skin care regimen? Our licensed skin care technicians will help shimmer your way to a clear, fresh complexion. Upon conclusion a complete customized at-home skincare regiment will be given as clean skin is key component in promoting a clear complexion.

My First Majesty Facial

25'/60€

It aims to introduce good habits and instill skincare knowledge that will benefit for years the teens who attend the spa.

Pamper Me Majesty

50'/85€

Customized facial for skin care needs. Our teens facial is designed to be a soothing treatment that improves and refines the unbalanced teen complexion.



Signature treatments by St. Barth & Phytomer

St. Barth Freshness Face And Neck Treatment With Partial-Body Massage **90'/160€**

Gentle & enchanting, this face and neck treatment uses an effective combination of tropical fruits and high-quality oils, lotions and gels. Partial-body massage as desired.

St. Barth Peace Of Mind Head Massage with Hair Treatment **45'/85€**

Caribbean & revitalizing, a care ritual using the Ligne St. Barth Sea Breeze products. Footbath with Blue Lagoon shower gel, head massage with Premium Care Oil and Sunsplash to complete the experience.

Pionniere 'XMF' Youth Revelation - Face - Eyes - Lip - Decolleté **90'/140€**

Reveal your inner youth through this original facial care using innovative ingredients and exceptional treatment techniques for instant and visible effectiveness.

The treatments with the exopolysaccharides X.M.F. (Extra Marine Filler) and VMR (Visible Marine Refiner) combined with the 'Morio Orchid' extract is on the cutting edge of biotechnology.

It acts in the deeper layers of the skin by stimulating the synthesis of collagen. Elastin and natural hyaluronic acid for a denser and firmer skin mattress.

Signature Phytomer Face Lifting Massage **45'/75€**

Enjoy a precision lifting massage designed by an osteopath, for the face, neck and décolleté. The results are instant and visible, the facial contour are reshaped, wrinkles are smoothed and the complexion is rejuvenated.

The innovative massage with the "roller" & "shaper" acts on three levels. It stimulates the micro-circulation and oxygenation of the skin, enhances the muscle tone and mobility of skin tissue
ills and smooths ne lines and wrinkles.

As after a "Face Lifting", your skin is smooth, plump and radiant. Let yourself go to the ultimate beauty technique dedicated to youth.



Facial treatments by St. Barth & Phytomer

St. Barth Pureness Face And Neck Treatment With Hand Massage 30'/75€, 60'/155€

Cleansing & vitalising, enjoy an effective, feel-good face and neck treatment with coordinated care products. Leaves the skin feeling wonderful and the skin tone refreshed.

St. Barth Pureness Men Face and Neck Treatment with Hand Massage for Men 60'/145€

Clarifying & energizing, this treatment combines cleansing, exfoliation, massage and a nourishing mask - based on the Ligne St. Barth Homme range.

Deep Cleansing & Facial Hydration 60'-75'/95€

This purifying treatment for oily or with black spots skin, includes a gentle exfoliating peel to remove dull surface skin cells. It is followed by a traditional deep cleansing with steam.

Eye & Lip Contour Treatment 45'/60€

An anti-wrinkle eye treatment with collagen's marine elements and elastin. It smoothes the wrinkles in the eye contour and helps in decreasing the edemas and black circles.

Hydra Original Treatment 60'/95€

Plumping thirst relief with organic algae. Treat your skin to a soak of moisture pairing detoxification and hydration with high performance organic marine active ingredients.

Douceur Marine – Sensitive Skin 55'/85€

Ideal treatment for sensitive skin that calms and relieves immediately. Acts instantly on the irritations due to the great concentration of soothing ingredients.

Extended Youth - Anti-aging Treatment 60'/100€

An anti-wrinkle - firming treatment increasing the resistance of the skin and giving an extended youth.

The marine macromolecules contribute to the cells restructure and to the reproduction of collagen and elastin as well.

The sea retinol and the hyaluronic restore the aspect of youth revealing your facial characteristics.



Born Majesty *Body Care*

Stress is a major concern for many teens with the demands of school, sports, relationships, and community involvement. It is important to teach our teens to make an effort to live a balanced lifestyle and take time to rejuvenate and distress.

Born to Be Body Majesty Treatment 50'/100€

A relaxing 50 minute service that begins with a gentle exfoliation, followed by a luxury hydrating body wrap to nourish your skin with a smooth body butter to complete the experience.

Relaxation is The Way to Go 50'/90€

An approximate 50 minute relaxing-style massage that relieves tension and soothes tired, growing muscles.

To Beat Exam Stress 25'/60€

Customized massage therapy for teens' specific needs. This is a massage designed to optimize stress relief, neck/shoulder/back pain, joint discomfort and energy flow. The massage treatment addresses problem areas. The massage can harmonize and balance the energy flow throughout the body.



Body treatments by St. Barth & Phytomer

St. Barth Sun Downer Body Wrap With Green Clay & Melon Mousse 45'/95€

Refreshing & soothing, the body wrap provides the skin with maximum hydration and gently calms it. Aloe vera gel makes this the ideal after-sun treatment. With a head or foot massage.

St. Barth Sensation Body Wrap With Relaxation Massage 60'/145€

Pampering & luxurious, a body wrap made from precious oil and a selected fragrance - vanilla, lily or tiare flower. Gentle sweeping movements relax and caress the senses.

St. Barth Elasticity Body Wrap With Clay & Pineapple Or Cucumber Mousse 45'/95€

Vitamin-rich & clarifying, the body wrap is individually tailored to develop its clarifying, firming properties. Ivy gel and camphor & menthol oil have an equally relaxing and stimulating effect. With a head or foot massage.

Sculpt Zone – Contouring – Anti Cellulite 60'/115€

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on 'Pepper Slim Active', which traps the free radicals.

Spa Thalasso Full Body 60'/90€

An original full thalassotherapy with the most beneficial varieties of algae. Activate the metabolism, detoxify, and gives back to the skin its radiance and smoothness.

Sea Self - Heating Mud Cocoon Detox 60'/85€

A pleasurable treatment with a self-heating sea mud mask that alternates warmth & freshness, detoxes the organism, soothes from muscular pains, while you feel your body lighter and relieved.

Champagne Thermal Algo Therapy Neck, Back & Shoulder 40'/70€

It relieves and eases from back, neck and leg pain while deeply detoxifying your body. The unique sensation of the "Champagne of the Sea" detoxifies and eases areas with tension enveloping you with well-being and relaxation.



Body peelings by St. Barth & Phytomer

St. Barth Softness Body Exfoliation With Coconut Oil & Papaya Mousse 45'/95€

Relaxing & fruity, this full-body exfoliating massage pampers your body and senses, enveloping them in an exotic fragrance. A calm, cleansing ritual which leaves your skin feeling silky, soft and smooth.

Spa Peeling Massage 30'/45€

A deep cleansing with salts, corals and hazelnut oils such as coconut and soya.

Sea Foam Exfoliation - Sensitive Skin 30'/45€

A creamy foam for deep cleansing of the skin that moisturizes, tones and rejuvenates sensitive and irritated skin.



Body massages by St. Barth & Phytomer

St. Barth Harmony 30'/70€

Indulgent & regenerating, the focus of the partial-body massage and the care products used are tailored to individual needs. A fragrant body lotion complements the treatment.

St. Barth Harmony Full-Body Massage 60'/135€

Indulgent & regenerating, the focus of the full-body massage and the care products used are tailored to individual needs. A fragrant body lotion complements the treatment.

St. Barth Harmony Full-Body Massage 90'/155€

Indulgent & regenerating, the focus of the full-body massage and the care products used are tailored to individual needs. A fragrant body lotion complements the treatment.

St. Barth Men Back Massage Followed By Head, Face And Foot Massage 30'/75€, 60'/145€

Relaxing & powerful, four focused massages for body and soul. With stimulating camphor & menthol oil, firming ivy gel, hydrating aloe vera gel and moisturizing facial fluid.

St. Barth Slimness Leg Massage 30'/75€

Pampering & stimulating, this treatment for beautiful, slim legs also helps to prevent fluid retention after long flights. Ivy gel firms and smooths, the massage with camphor & menthol oil stimulates the skin's microcirculation.

Aromatherapy Massage 45'/75€ - 60'/95€

A relaxing massage oil over the body and face with natural oils and herbs. It relieves from headaches, provides energy and happiness.

Deep Tissue Muscle Massage 30'/70€ - 50'/95€

Deep pressure massage using techniques that focus on the deepest layer of knots and releases chronic muscle tension.

Californian Massage with 4 Hands 60'/140€

Relaxing massage obtained by the simultaneous movements of two therapists on each side of the body.

Mother to Be - Pregnancy Massage 60'/90€

An extremely soothing body massage for parts of the body put under strain during pregnancy and childbirth.



Unique holistic massages

Candle Massage 60'/90€

Through a lovely perfumed ambiance the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body, nourishing deeply the skin, while stretches and continuous movements relax the muscular system.

Hot Stone Massage 30'/70€ - 60'/115€

Warm stones are placed on the chakras and then massaged over the body to promote a state of deep relaxation, soothing away stress and dissolving muscular tension.

Lava Shells Tropical Massage 60'/115€

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat.

Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat.

Oligomer Spa Massage 90'/140€

A holistic journey into heart of Phytomer DNA to recharge the body's batteries. The treatment starts with creamy body scrub containing oligomer crystals to soften the skin, followed by a massage.

Tresor Des Mers - Detox Massage 60'/85€

This massage starts with a relaxing ritual for complete calmness while warm scented towels are applied with gentle pressures on the shoulders and neckline, hips and knees, ankles and feet. A detoxifying and relaxing massage all over your body comes next, while you enjoy moments of relaxation and escape into a world of wellness.t



My Spa Rituals

Alila Paradise (For two people) 80'/220€

Use of steam bath 30'
Body scrub with salts 20'
St. Barth Harmony 30'
Rejuvenating herbal tea

Alila Ladies & Gentlemen Secret Spa (For two people) 80'/145€

Use of steam bath 30'
Body massage with essential oils 45'
Rejuvenating herbal tea

One Day Packages **Alila Basic packages** 105'/110€

Use of indoor hydrotherapy pool 30'
Spa peeling massage 30'
Aromatherapy massage 45'

Alila Thalassa Detox Day 110'/100€

Use of indoor hydrotherapy pool 30'
Use of steam bath 20'
Spa thalasso full body 60'

Alila Detox Cellulite Day 170'/205€

Use of indoor hydrotherapy pool 30'
Use of steam bath 20'
Sculpt zone body treatment 60'
Tresor Des Mers - Detox Massage 60'
(Phytomer)

Two Day Packages **Alila Renew & Refresh** 315'/375€

2* Uses of indoor hydrotherapy pool 30'
2* Uses of steam bath 30'
First day St. Barth softness body exfoliation
with coconut oil & papaya mousse 45'
St. Barth harmony full-body massage
indulgent & regenerating 60'
Second Day
St. Barth elasticity body wrap with clay &
pineapple or cucumber mousse 45'
St. Barth peace of mind head massage with
hair treatment 45'

Alila Relax & Pampering 270'/400€

Candle massage 60'
Oligomer Spa massage 90'
Hydra original facial 60'
Manicure - pedicure
Hair saloon services - Blow & dry

Alila Body & Soul 200'/365€

First Day
St. Barth slimness leg massage 45'
St. Barth pureness face and neck
treatment with hand massage 60'
Second Day
Hot stone Relax massage 60'
Eye & lips contour treatment 45'

Three days packages **Alila Ocean Purity** 510'/530€

3* Uses of steam bath - hammam 30'
3* Uses of indoor hydrotherapy pool 30'
Spa peeling massage 30'
Candle Massage 60'
St. Barth peace of mind head massage
with hair treatment 45'
St. Barth slimness leg massage 30'
Eye & lips contour 45'
Lava Shells Tropical Massage 60'
Hydra original treatment 60'



Beauty Services

My Spa at Mitsis Selection Alila toffers you a wide range of beauty services, according to your needs.

Spa Facilities

60'/25€

Use of Sauna, Hammam, Salt Room, Ice Fountain, Steam Room, Lifestyle Shower, Jacuzzi and Indoor Swimming Pool

Waxing

Full leg 30'/45€

Full leg & bikini line 30'/50€

Half leg wax 15'/30€

Full arm wax 15'/30€

Half arm wax 15'/20€

Bikini line wax 10'/25€

Under arm wax 10'/20€

Brazilian or Los Angeles bikini wax 30'/40€

Upper arm wax 10'/20€

Upper lip & chin wax 5'/20€

Back or chest waxing 15'/35€

Eye brow shape 15'/20€

Manicure – Pedicure

Nail polish 15'/25€

French style nail polish 15'/30€

Manicure 30'/35€

French manicure 35'/40€

Spa manicure 50'/45€

Pedicure 45'/45€

French pedicure 50'/55€

Spa pedicure 60'/60€

Shellac (semi permanent)

Shellac removal 20'/25€

Acrylic Removal 30'/30€

Manicure 45'/45€

French manicure 50'/55€

Spa manicure 60'/60€

Pedicure 50'/55€

French pedicure 60'/60€

Spa pedicure 60'-75'/75€

Special Treatments – Face Make-Up

Afternoon facial make-up 50€

Evening facial make-up 80€

Bridal facial make-up 150€

Eye lash 40'/35€

Eye brow tinting 40'/35€

Hair Services

Wash 10€

Hair cut & wash - women 40€

Hair cut - men 35€

Hair cut - children 30€

Coloring hair from 55€

Highlights from 85€

Bridal hair style 200€

Blow dry short hair 35€

Blow dry & style - middle length hair 50€

Blow dry & style - long hair 55€

Coloring roots 45€

Metal detox treatment 30€

Men's shave 20€

Alila Spa Hair Day

Therapy for hair

Hair cut

Blow dry & style

95€



Cancellation Policy

24 – Hours notice is kindly requested to re-schedule your appointment. Please note 4 hours cancellation notice is required for all bookings and services otherwise 50% of the total treatment price will be charged.

It is recommended to book your appointments in advance.

Opening Hours & Reservations

Everyday from 10:00 am to 20:00 pm

To arrange your appointments, please contact the Reception, call: +30 22410 85360 or email: alila.spa@mitsis.com



MIT SIS SELECTION
ALILA

PHYTOMER

BORN MAJESTY®


L' O R É A L
P A R I S
ST BARTH