



SAPPHIRE
SPA



Welcome to the Sapphire Spa

PHYTOMER



From the sea to the skin

Our Philosophy

My Spa at BLUE DOMES Wellness Spa & Phytomer invite you to a magical escape to the attractive world of beauty, wellness and serenity. Treat yourself and your loved ones at an unforgettable experience of senses and an incomparable beauty effect with the signature of international Cosmetology Research Center of the French company 'Phytomer'.

Our qualified therapists will guide you through our 'Spa Menu' to find the most suitable treatment for you. The beauty boutique of 'My Spa' by Phytomer and our beauty advisors are always at your service to inform you which products are best for your own needs. Because we insist on making our world more beautiful!

Sapphire Spa Signature Experience

120'/140€

A sensory holistic treatment that nurtures both face and body. A perfect harmonization of light strokes, pressures, a deep tissue massage and a more relaxing and soothing massage that gradually awakens every part of the body, releasing all tension.

Exfoliation with a creamy texture, with the vivid blue of the Aegean, smoothes and rejuvenates your skin. Massage with an effective two-phase concentrate inspired by the purity of the power of the sea with a fresh and delicate scent, soothes, nourishes and tones your skin during the massage.

The beauty cruise on the Aegean Sea completes with a rejuvenating face treatment and offers you the freshness, glow and shimmer of the Greek islands.



Signature treatments by Phytomer

**Pionniere 'XMF'
Youth Revelation -
Face - Eyes - Lip - Decolleté**
90'/120€

Reveal your inner youth through this original facial care using innovative ingredients and exceptional treatment techniques for instant and visible effectiveness. The treatments with the exopolysaccharides X.M.F. (Extra Marine Filler) and VMR (Visible Marine Refiner) combined with the 'Morio Orchid' extract is on the cutting edge of biotechnology. It acts in the deeper layers of the skin by stimulating the synthesis of collagen. Elastin and natural hyaluronic acid for a denser and firmer skin mattress.

Morpho Designer Massage
60'/90€

An exceptional resculpturing treatment for the whole body, the Morpho Designer Massage is a gentle original and effective. A creamy scrub with a fresh citrus scent, combined with a delicate jasmine note, prepares and cleanses your skin and is followed by a sculpting, massage.



Facial treatments by Phytomer

Deep Cleansing & Facial Hydration 60'/75'/90€

This purifying treatment for oily or with black spots skin, includes a gentle exfoliating peel to remove dull surface skin cells. It is followed by a traditional deep cleansing with steam.

Spa Prestige Éclat 45'/65€

The coexistence of the rich marine power in a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

City - Life 'Sorbet' 50'/75€

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin.

Douceur Marine – Sensitive Skin 60'/80€

Ideal treatment for sensitive skin that calms and relieves immediately. Acts instantly on the irritations due to the great concentration of soothing ingredients.

Eye & Lip Contour Treatment 45'/50€

An anti-wrinkle eye treatment with collagen's marine elements and elastin. It smoothes the wrinkles in the eye contour and helps in decreasing the edemas and black circles.

Hydra original treatment 60'/80€

Plumping thirst relief with organic algae. Treat your skin to a soak of moisture pairing detoxification and hydration with high performance organic marine active ingredients.

Extended Youth - Anti-aging Treatment 60'/90€

An anti-wrinkle - firming treatment increasing the resistance of the skin and giving an extended youth.

The marine macromolecules contribute to the cells restructure and to the reproduction of collagen and elastin as well.

The sea retinol and the hyaluronic restore the aspect of youth revealing your facial characteristics.

Skin Escape for Men 45'/65€

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on the face. Hydrates and calms the skin from any irritation. Suitable for men's skin. It gives freshness and a smoothing effect.

Facial treatments by St. Barth

St. Barth freshness

90'/135€

Gentle face and neck treatment with partial body massage. A sophisticated face and neck treatment consisting of cleansing and gentle exfoliation, a revitalising massage and clarifying mask. The combination of fresh tropical fruits and high quality oils, lotions and gels is especially effective and enchanting with its delicate textures and exotic aromas. As soon as the mask, made of clay and either pineapple or cucumber mousse, takes effect, a partial-body massage of your choice ensures relaxation.

St. Barth pureness

30'/60€

Invigorating face and neck treatment. A comprehensive face and neck treatment followed by perfectly matched care products. Cleansing, toning and exfoliation are inspired by the fragrant blossoms and fruits of tropical gardens. Camphor & menthol oil and tautening ivy gel provide a revitalising face and neck massage.

Body treatments by St. Barth

St. Barth softness

45'/85€

Relaxing body exfoliation with coconut oil and papaya mousse. A fruity full-body exfoliating massage formula to pamper the body and senses with the treasures of tropical nature: the efficacy of the fresh, enzyme-rich papaya mousse unfurls; fine sand gently removes dead skin cells and rich coconut oil provides valuable nutrients. Find peace and enjoy clarity – the skin is enveloped in an exotic fragrance and feels silky, soft and smooth.

St. Barth elasticity

45'/85€

Clarifying body wrap with clay & pineapple or cucumber mousse. The creamy body wrap is individually prepared to suit each skin type – with fresh pineapple or cucumber mousse and green or pink clay. It contains beneficial minerals, trace elements and vitamins; camphor & menthol oil and tautening ivy gel have both a soothing and invigorating effect. Relax and devote yourself entirely to this moment: while the wrap releases its clarifying and firming properties, either a head or foot massage adds that feel-good factor.

St. Barth sundowner

45'/85€

Hydrating body wrap with green clay & melon mousse. A refreshing body wrap with the utmost moisturising properties for skin. The succulent galia melon mousse revitalises, while green clay clarifies, calms and gently cleanses the skin. A fresh kick in the form of aloe vera gel provides a cooling, hydrating finish. Ideal as an aftersun treatment to calm heated skin after sunbathing. With either a head or foot massage.

St. Barth sensation

60'/120€

Nourishing body wrap with relaxing massage. An opulent body wrap prepared from coconut oil or avocado oil and an individually selected favourite fragrance: vanilla, lily or tiare flower. Moisturising and nourishing, rich in lipids and precious unsaturated fatty acids. The relaxation massage with gentle sweeping movements intensifies the effect of the wrap, relaxes the body and caresses the senses.



Body treatments by Phytomer

Spa Thalasso Full Body 60'/80€

An original full thalassotherapy with the most beneficial varieties of algae. Activate the metabolism, detoxify, and gives back to the skin its radiance and smoothness.

Sea Foam Massage & Calming Mask (After Sun treatment) 60'/80€

A unique relaxation experience for your body, this special treatment soothes, relaxes, tones and soothes your skin. Using natural marine sponges and soft creamy – soap, the whole body is warmly massaged for 20 minutes. The massage is followed by marine body wrap that tones and reinforces the elasticity of the skin.

Beautiful Legs – Leg Soothing Treatment 45'/65€

A treatment with marine flavonoids and Centella Asiatica that filters and stimulates blood microcirculation.

A peeling with crystal salts and essential oils, special fresh gel mask from the soles of the feet up to thighs reinforces, rejuvenates and soothing the edemas.

Sculpt Zone – Contouring – Anti Cellulite 60'/100€

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on 'Pepper Slim Active', which traps the free radicals.

Thermal Algotherapy (neck – back – shoulders) 50'/75€

The treatment faces and soothes neck, back and arm pains. A deep skin cleansing and an effervescent sea mud mask create thousands of microcapsules which release active sea ingredients capable of facing aches and tensed muscles.



Body peeling by Phytomer

Body Scrub with Sea Salts 20'/30€

This treatment utilizes refined crystals, which exfoliate, refine and polish the skin to a natural luster.

Spa Peeling Massage 30'/40€

We proceed in deep cleansing with salts, corals and hazelnut oils as coconut and soya.

Sea Foam Exfoliation - Sensitive Skin 30'/40€

A creamy scrub with a fresh citrus scent, combined with a delicate jasmine note, prepares and cleanses you.

Body massage by St. Barth

St. Barth Harmony

30'/60€ - 60'/120€

Pampering full body massage. Enjoy personal relaxation: the focus of the full-body massage and the care products used are tailored to individual needs. Thus, coconut oil is used to care for dry skin, cold-pressed avocado oil to maintain the skin's elasticity, camphor & menthol oil and tautening ivy gel for revitalisation, aloe vera gel for intensive moisturising. A luxurious body lotion with your preferred fragrance rounds off the treatment.

St. Barth slimness

30'/60€

Revitalising leg massage. The draining massage has a beneficial effect on heavy legs, for example after long flights - or simply facilitates beautiful, slim legs. Thinly applied ivy gel tautens and smooths; the massage with silky camphor & menthol oil stimulates the skin's microcirculation. Experience a new tranquillity and momentum and bring a touch of the Caribbean into your life - to finish, you can select one of three exotically fragrant body lotions.

St. Barth peace of mind

45'/80€

Soothing head massage with hair treatment. Experience tropical indulgence three times over - in a treatment that brings Sea Breeze products from Ligne St Barth together in one care ritual: the purifying footbath with maritime Blue Lagoon shower gel allows your thoughts to drift to far-off places. The head massage with premium care oil then richly pampers the scalp and hair and charms with its fragrance blend of vanilla and jasmine. Sunsplash completes this harmonic trio and tones the skin with grapefruit, exotic fruits and Caribbean peacefulness.

St. Barth men

60'/120€

Relaxing back massage followed by head, face and foot massage. Four targeted massages provide relaxation and a sense of well-being: the back massage with camphor & menthol oil has both a relaxing and stimulating effect. More than just a regenerating effect for demanding male skin: the intensive manual massaging motions to the head, face and feet with hydrating aloe vera gel, tautening ivy gel and soothing facial fluid lend the body and spirit renewed strength and vitality.



Body massages

Relaxing Massage

30'/55€ - 60'/75€

Relaxing massage that releases signs of tension, calms the nervous system and relaxes the body.

Indian Head, Neck & Back Massage

40'/65€

The Indian Head massage is a therapy which relieves the tension from your shoulders, neck and head brings balance to the body and mind.

Lymphatic Massage

50'/90€

Special massage applied along the course of lymphatic pathways causing tissue decongestion and toxic elimination.

Aromatherapy Massage

45'/65€ - 65'/85€

A relaxing massage oil over the body and face with natural oils and herbs. It relieves from headaches, provides energy and happiness.

Leg Massage

30'/45€

To get the sensation of 'heavy legs' this draining, toning and circulatory improving massage of the leg muscles from an Ayurvedic tradition allows regain vitality and lightness.

Mother To Be - Pregnancy Massage

30'/60€ - 60'/80€

An extremely soothing body massage for parts of the body put under strain during pregnancy.

Deep Tissue Muscle Massage

30'/60€ - 50'/90€

Deep pressure massage using techniques that focus on the deepest layer of knots and releases chronic muscle tension.



Unique holistic massages

Candle Massage 60'/85€

Through a lovely perfumed ambiance the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body, nourishing deeply the skin, while a stretches and continuous movements, relaxes the muscular system.

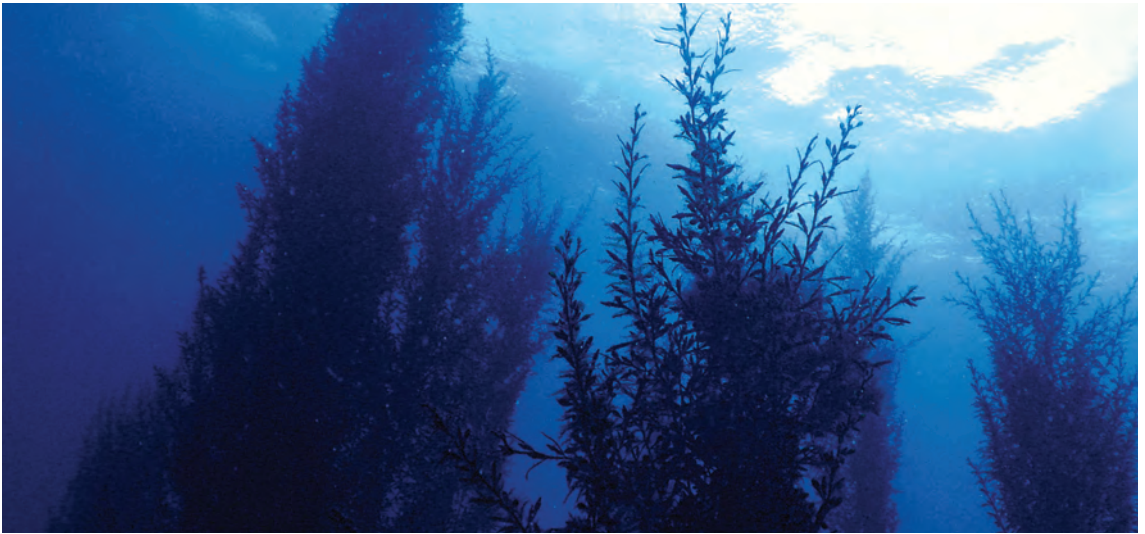
Lava Shells Tropical Massage 60'/100€

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin though the action of heat.

Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat.

Oligomer Spa Massage 90'/120€

A holistic journey into heart of PHYTOMER DNA to recharge the body's batteries. The treatment starts with creamy body scrub containing oligomer crystals to soften the skin, followed by a massage.



Sapphire Spa Rituals

Sapphire Reviver

105'/110€

Use of wet area 30'
Relax massage 30'
Spa prestige éclat face
treatment 45'

Exclusive for Men

105'/120€

Use of wet area 30'
Deep tissue neck & back 30'
Skin escape for men 45'

Sapphire Paradise for two

(For two persons) 80'/170€

Use of wet area 30'
Body scrub with salts 20'
Relax massage 30'

Sapphire Starting Package

90'/55€

Use of wet area 60'
Leg massage 30'

Sapphire Ladies & Gentlemen Secret Spa

(For two persons) 75'/130€

Use of wet area 30'
Body massage with
essential oils 45'

Detoxing Spa Package

165'/130€

Use of wet area 60'
Body scrub with sea salts and
detoxing body mask with clay 60'
Refreshing face treatment 45'

Romantic Relaxation Spa Package

(For two persons) 120'/270€

Use of wet area 30'
Candle massage 60'
Head and face massage 30'



Beauty Services

Sapphire Spa at Blue Domes Hotel offers you a wide range of beauty services, according to your needs.

Special Treatments

Use of wet area 60/20€

Waxing

Full leg 40€
Full leg & bikini line 45€
Half leg wax 25€
Half arm wax 15€
Full arm wax 25€
Bikini line wax 20€
Under arm wax 15€
Brazilian or Los Angeles bikini wax 35€
Upper lip & chin wax 15€
Back or chest waxing 30€
Eye brow shape 15€

Manicure – Pedicure

Nail polish 10€
French manicure style nail polish 15€
Manicure 20€
French manicure 30€
Spa manicure 35€
Pedicure 30€
French pedicure 35€
Spa pedicure 40€

Shellac (semi permanent)

Shellac removal (fingernails or toe nails) 10€
Nail polish 15€
French manicure style polish 20€
Manicure 30€
French manicure 40€
Spa manicure 45€
Pedicure 40€
French pedicure 45€
Spa pedicure 50€

Hair Services

Wash & conditioner 5€
Hair cut - women 30€
Hair cut - men 25€
Hair cut - children 20€
Blow dry & style - short hair 25€
Blow dry & style - middle length hair 30€
Blow dry & style - long hair 35€
Coloring roots 40€
Coloring hair from 35€
Highlights from 35€
Bridal hair style 85€



Cancellation Policy

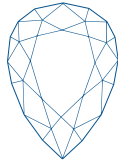
24 – Hours notice is kindly requested to re-schedule your appointment. Please note 4 hours cancellation notice is required for all bookings and services otherwise 50% of the total treatment price will be charged.

**It is recommended to book your appointments in advance.
Children under the age of 18 are not allowed in the spa area.**

Opening Hours & Reservations

Everyday from 09:00 am to 20:00 pm

To arrange your appointments, please contact your Reception,
call: +30 22420 92500 or email: bluedomes.spa@mitsis.com.



MIT SIS SELECTION
BLUE DOMES

PHYTOMER

