



MY | **SPA**
UNIQUE EXPERIENCE



Welcome to Rodos Village Spa

PHYTOMER

From the sea to the skin

Our Philosophy

My Spa at Rodos Village and Phytomer invite you to a magical escape to the attractive world of beauty wellness and serenity. Treat yourself and your loved ones at an unforgettable experience of senses and an incomparable beauty effect with the signature of the International Cosmetology Research Center of the French company "Phytomer".

Our qualified therapists will guide you through our "Spa Menu" to find the most suitable treatment for you. The beauty boutique of "My Spa" by Phytomer and Fleur's and our beauty advisors are always at your service to inform you which products are best for your own needs. Because we insist on making our world more beautiful!

Rodos Village Signature Spa Experience

120'/130€

A sensory holistic treatment that nurtures both face and body. A perfect harmonization of light strokes, pressures, a deep tissue massage and a more relaxing and soothing massage that gradually awakens every part of the body, releasing all tension. Exfoliation with a creamy texture, with the vivid blue of the Aegean, smoothes and rejuvenates your skin. Massage with an effective two-phase concentrate inspired by the purity of the power of the sea with a fresh and delicate scent, soothes, nourishes and tones your skin during the massage.

The beauty cruise on the Aegean Sea completes with a rejuvenating face treatment and offers you the freshness, glow and shimmer of the Greek islands.



Facial treatments by Phytomer

Spa-Prestige Éclat

55'/60€

The coexistence of the rich marine power into a treatment for rejuvenation, radiance and hydration of the skin. The treatment can be easily adapted to your personal needs.

Hydra Original

Detox and Plumping Moisturizing

60'/75€

A complete and specialized treatment that has two actions. It relieves from thirst and moisturizes in a few minutes while, at the same time, stimulates the proteins that contribute to cellular cohesion for strengthening of the skin. The innovative mask "Chauffant nettoyant" with sea zeolites, caolin and oxygenol cleanses in depth, oxygenates and detoxifies, allowing your skin to breath better. A perfect combination of high effectiveness for pure, moisturized, smooth and radiant skin.

Skin Escape for Men

45'/65€

A treatment focused on detoxification and oxygenation of the skin. It smoothes the fatigue signs on the face. Hydrates and calms the skin from any irritation. Suitable for men's skin. It gives freshness and a smoothing effect.



Douceur Marine

50'/65€

An ideal treatment for sensitive skin that calms and relieves immediately. It acts instantly on irritations due to the great composition of soothing ingredients. Water from sea springs, algae sugars and coral extracts stimulate the microcirculation, reassuring a smooth and fresh skin.

Eye & Lip Contour Treatment

45'/50€

An anti-wrinkled eye treatment with collagen's marine elements and elastin. It soothes the wrinkles of the eye contour and helps in decreasing the edemas and black circles.

At the same time, enjoy a complete lip treatment. A cocktail of exfoliation with very effective ingredients which stimulate circulation, while the splendor mask balm with hyaluronic nourishes, soothes, hydrates, tones the contour of the lips by giving them natural volume.

Extended Youth

60'/80€

An anti-wrinkle - firming treatment that increases the resistance of the skin giving an extended youth. The marine macromolecules contribute to the cells restructure and to the collagen's and elastin's reproduction as well.

The sea retinol and hyaluronic restore the aspect of youth revealing your facial characteristics. An effective radiant - firming and smoothing wrinkles treatment with 100% natural - effective ingredients of the marine resources, which reinvigorate your skin, against the deterioration of time. Ocean - Science - Beauty to the Cosmetics request.



Scrubs

Body Scrub Sea Salts

30'/30€

This treatment utilizes refined crystals which exfoliate, refine and polish the skin.

Spa Peeling Massage

30'/40€

We proceed in a deep cleansing with salts, corals and hazelnut oils, coconut oil, soya and nut.

Sea Foam Exfoliation - Sensitive Skin

30'/40€

A creamy scrub with a fresh citrus scent, combined with a delicate jasmine note, prepares and cleanses your skin.





Body treatments by Phytomer

Shimmer Satin Treatment

Exfoliation and Hydration

50'/65€

We proceed with a deep cleansing with salts, corals and hazelnut oil, coconut oil, soya, nut and Oligomer (solidified sea). Then we apply a cream with a cocktail of marine ingredients to the whole body that restores the aquatic tone of your skin and prepares it to be safely exposed to the sun.

Sea Self

HEATING MUD COCCON DETOX

50'/70€

A pleasurable treatment with a self - heating sea mud mask that alternates warmth - freshness and detoxifies the body.

Sea Foam Massage and Calming Mask

60'/70€

A unique relaxing experience for your body, this special treatment soothes, relaxes and invigorates your skin, releases from tension and offers you a inimitable sense of relaxation and rejuvenation. With natural sea sponges and a creamy - soapy cleanser a warm foamy massage is performed on the entire body for 20 minutes. It is followed by a full body wrap with a toning, soothing mask that enhances skin elasticity. The ritual is completed with the application of a cream soft as a protective veil that deeply moisturizes your skin and offers sublime glow.

Thermal Algotherapy

Back - Neck - Shoulders

50'/60€

This treatment soothes back, neck, waist and arms pains. After a deep skin cleansing we apply an effervescent sea mud mask that creates a thousands of microcapsules which releases active sea ingredients capable of facing aches and tensed muscles. A healing massage follows on this particular part of the body.



Spa Thalasso Full Body

60'/80€

All the benefits of the Spa Thalasso in one and only treatment. An original full thalassotherapy with the most beneficial varieties of algae such as Spirulina, Fucus Powder, Palmaria Palmata, Chondrus Crispus activate the metabolism, detoxify, and gives back to the skin its radiance and smoothness. It nourishes and keeps the skin healthy with its lipolytic and anticellulite action. The benefits of this treatment are multiple for the organism and skin due to the absolute similarity of the synthesis with the sea water and the human organism (Plankton, Plasma blood). In an ambiance of marine breeze an exfoliation for deep skin cleansing and a thalassotherapy mask. Application of a product with massage and warm-wet towel that hug your body and invite you to a dynamic dive into the magical underwater world.

Beautiful Legs

Leg Soothing Treatment

45'/60€

A treatment with marine flavonoids and Centella Asiatica that filters, stimulates blood microcirculation, reinforces capillary tone, relaxes and relieves tired legs. A Peeling with crystal salts and essential oils follows. Application of a particularly fresh gel mask from the feet up to thighs that stimulates blood microcirculation, rejuvenates and removes the edemas. Rediscover the confidence of showing off your legs.

Sculpt Zone

Contouring - Anti Cellulite

60'/90€

The Sculpt Zone treatment targets the abdomen-thighs-buttocks area and attacks cellulite and accumulated fat. It is based on a series of "Redox" (reduction-oxidation) reactions, in synergy with the super lipolytic agent "Pepper Slim Active", which traps the free radicals by neutralizing them, stimulates the action of lipolysis and detoxification and combats and decreases cellulite. A delicate creamy foamy texture with soft heat embraces you body and delivers a deep sense of relaxation and pleasure. The ultimate contouring and anti-cellulite performance in an express course. Reduced curves and cellulite, a body lighter detoxified and smoothed thanks to the intensive formula starring the super active "Slim Pink Pepper".



Unique holistic massage

Candle Massage

60'/80€

Through a lovely perfumed ambiance, the massage with oil from hot candles creates a memorable experience. The subtle creamy hot candle oil slides over the body, nourishing deeply the skin, while a combination of various massage pressures, stretches and continuous movements, relaxes the muscular system, stimulates the blood microcirculation helping the body to eliminate all the daily stress by inviting you into a joyful sensorial escape.

You may choose between 3 different natural perfumes.

Douceur d' Orient with sandalwood and orange for complete relaxation and harmonization of senses.

Charm of Andalusia, with citrus, sunflower, vetiver, for relaxation and revivification of soul, body and mind. Perles de Philippines with coconut, rosewood, orange for toning, revitalization and amplification of energy.

Lava Shells Tropical Massage

60'/90€

Enjoy a tropical massage with real shells of the Pacific Ocean that manifest naturally calcium ions, which are transported directly to the skin through the action of heat. While the hot shells roll alternately over your body with strong and gentle pressures, they eliminate muscle tension, calm the nervous system, enhance blood circulation and lymph.

Soft and subtle hints of exotic fruits, rich in Vitamin E, the oil massage soothes, nourishes and brightens your skin. The uniqueness of Lava Shells Massage is the power of heat, touch and scent.

The receptivity between the therapist and the client creates an immersive experience.



Body massages

Relax Massage

30'/50€ - 50'/75€

A muscular relaxing massage with fragranced oils that relieves signs of tension, calms the nervous system and relaxes the body.

Indian Head Massage

40'/55€

Discover the virtues of this deeply relaxing massage. By focusing on the back, neck and shoulder blades, this treatment releases built up tension providing a feeling of well being and total relaxation.

Deep Tissue Muscle Massage

30'/60€ - 60'/80€

Deep massage with specific pressures and stretching that relaxes the muscles and restores the body into a normal pace.

Legs Massage

30'/45€

To get rid of sensation of "heavy legs", this draining, toning and circulatory improving massage of the leg muscles from an Ayurvedic tradition, allows regain vitality and lightness.

Aromatherapy Massage

45'/65€ - 60'/80€

A relaxing massage all over the body and face with natural apricot oil and extracts of aromatic plants and herbs that have therapeutic abilities and are appropriately chosen to suit your personal needs. It relieves from headaches and migraines, provides energy and releases endorphins, the hormones of happiness.

Beauty Services

MY SPA at Rodos Village offers you a wide range of beauty services, according to your needs.

Special Treatments

Use of sauna 30'/15€
Use of steam bath 30'/15€
Use of indoor hydrotherapy pool 40'/10€

My Spa Ritual Packages

My spa reviver package 105'/100€
Use of steam bath or sauna 30'
Relax massage 30'
Spa prestige eclat 45'
Herbal tea

Exclusive for men 110'/120€
Use of steam bath or sauna 30'
Deep tissue neck & back 30'
Skin escape for men 45'
Herbal tea

My spa starting package 100'/50€
Use of sauna or steam bath 30'
Use of hydrotherapy pool 40'
Leg massage 30'
Herbal tea

My spa ladies & gentlemen secret spa 80'/120€
for two persons
Use of steam bath or sauna 30'
Body massage 45'
Herbal tea

Manicure - Pedicure

Nail polish 10'/10€
French manicure style nail polish 15'/15€
Manicure 30'/20€
French manicure 35'/25€
Spa manicure 50'/30€
Pedicure 40'/25€
French pedicure 60'/35€
Spa pedicure 70'/45€

Shellac (Semi Permanent)

Shellac removal (fingernails or toe nails) 20'/10€
Nail polish 20'/15€
French manicure style nail polish 30'/20€
Manicure 50'/30€
French manicure 60'/35€
Spa manicure 75'/35€
Pedicure 60'/40€
French pedicure 70'/45€
Spa pedicure 70'/50€

Waxing

Full leg wax 30'/40€
Half leg wax 15'/25€
Full arm wax 15'/25€
Half arm wax 10'/15€
Bikini line wax 10'/35€
Brazilian or Los Angeles bikini wax 30'/35€
Upper arm wax 10'/15€
Upper lip & chin wax 5'/15€
Chest or back waxing 15'/30€
Eyebrow shape 15'/10€

Hair Services

Wash & conditioner 6€
Hair cut women 25€
Hair cut - men 18€
Hair cut - children 12€
Coloring from 40€
Highlights from 35€
Bridal hair style 80€
Blow & dry short hair 25€
Blow & dry middle length hair 30€
Blow & dry long hair 35€
Highlights from 35€
Bridal hair style 80€

All products contain argan oil/keratin ingredients.



Cancellation Policy

24-hours' notice is kindly requested to re-schedule your appointment and the availability of appointments for fellow spa guests. Cancellation within 4 hours before the treatment time will incur a 50% fee. 'No shows' will be charged with the full price of the treatment.

We recommend you to book your appointments in advance.

Opening Hours & Reservations

Everyday from 10:00 am to 20:00 pm

To arrange your appointments in time, please contact your Reception or call: +30 22440 6026. If you are staying at Rodos Village Beach Hotel & Spa dial 6026, or email: rodosvillage.spa@mitsishotels.com